

# DISTRICT 31 • 2018 SPRING CONFERENCE



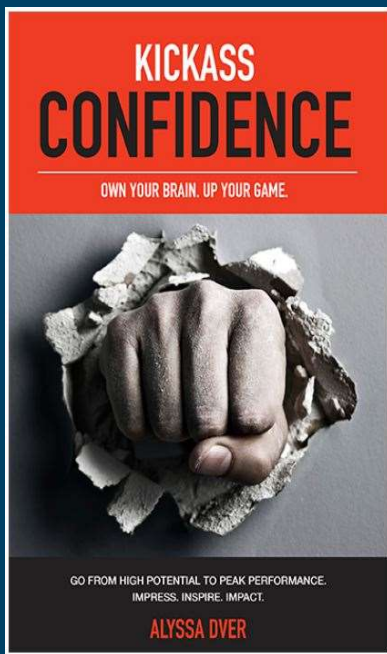
Friday, May 11<sup>th</sup>  
Saturday, May 12<sup>th</sup>

The Conference Center at Bentley University  
175 Forest Street, Waltham, MA 02452

We as Toastmasters and as people are many things. Bold, Powerful, Shy, Uncertain. We are a community of people living on 6 continents in 141 countries in every walk of life. We already are and have everything that we need to succeed. Toastmasters doesn't mean anything without you, the member. You, with each strength and skill, each failure and teaching moment, make Toastmasters what it is.

**This conference is a celebration of everything that we are and everything we can achieve as people, as a community, as Toastmasters!**

BEAUTIFUL BRIGHT  
CONFIDENT FUN  
THOUGHTFUL STRONG  
GREAT I AM...AWARE  
SMOOTH IMPACTFUL  
**Toastmasters!**  
IN CONTROL EFFECTIVE  
AMAZING BOLD  
DYNAMIC LEADING  
HAPPY SPEAKING



## Our Keynote Speaker Alyssa Dver

will bring her marketing and presentation skills together with **neuro-based strategies** and secrets that will let you *own your brain* so you can *own the stage!*

### **WORKSHOP: Dig Deeper**

into the science behind confidence – how it works in our heads and how it impacts all human interaction and reaction; especially when presenting!



# Improv Boston

The Boston area's leading theater and school for improvisation and comedy is back!!! Join us **Friday night** for an entertainment experience you will not forget!

## BUSINESS MEETING

Saturday @ 8:00am

**Cast your vote for alignment and incoming District Officers!**

**See Other Side For More Information and Saturday Session Speakers**

# Saturday Breakout Sessions



## **Gael O'Brien:** Navigating Change: Working Through Ambiguity to Build Trust

Continual change is the new norm affecting us at work, our personal lives, and our organizations. How do we as leaders support ourselves through change and make it easier for others to follow? In this interactive session, Gael will discuss three steps 1) recognizing and handling transitions; 2) an example of the role of values and purpose in response to change; and 3) creating an environment and connection where community and trust can take hold.

## **Cherylle Garnes & Janet Johnson:**

### Releasing Your Creativity Through the 7 Intelligences

There are more intelligences than the two covered in the SAT. This interactive session will connect the 7 Intelligences of Dr. Howard Gardner with your creativity. Discover your dominant creative intelligence! Learn how to embrace and apply it.



## **Kelly McCormack:** The Zone

Leaders need to know where their power comes from and where it can hide. What is "the zone"? How do we find it and stay in it? Kelly will help you learn how to be incredibly productive and successful while fulfilling your creative potential.

## **Michael Moore:** The Pathways Transition: New Paths for Toastmasters

District 31 is transitioning to the new educational program in May 2018. Michael will provide an overview of Pathways, describe how it affects the Distinguished Club Program and the path to Distinguished Toastmaster, and how clubs can support both old and new education programs through 2018–2020. He will also provide a vision for Pathways transition meetings.



## **Kit Pang:** Baring Your Soul

If you want to create honest and authentic connections with your audiences, you must be willing to be vulnerable. There is something more important than data and countless hours spent to be perfect. It's your raw authentic self that you have to unleash. Learn how to be comfortable sharing experiences and messages that resonate within your heart and enthrall the audience.

## **Debbie Lyn Toomey:** Perfect is out. A.W.E.S.O.M.E. is in!

Are you tired of trying to be perfect and ready to just feel awesome? Learn how to be dynamic on and off stage! Debbie will share 7 pillars that will help you unleash the best version of yourself both on and off the stage based on research-proven principles from her book *The Happiness Result, More Time, More Love, More Health, More Success*.



## SCHEDULE HIGHLIGHTS – Register and View Full Schedule at [Conference.District31.org](http://Conference.District31.org)

### **FRIDAY**

5:30pm Registration & Mingle  
6:00pm Special Session for DTMs  
6:30pm Contest Briefings  
7:00pm Table Topics Contest  
8:30pm Break  
9:00pm Interactive Entertainment - Improv Boston

### **SATURDAY**

8:00am Business Meeting  
10:15am Keynote: Alyssa Diver  
11:30am Breakout Session  
12:15pm Lunch  
1:30pm Breakout Sessions  
3:30pm International Speech Contest  
5:30pm Alyssa Diver Workshop: Dig Deeper

### **REGISTRATION FEES AT THE DOOR**

Full Conference Ticket \$100

Speech Contest Only \$15 EACH

Business Meeting Only FREE